

# 6A | Junk food

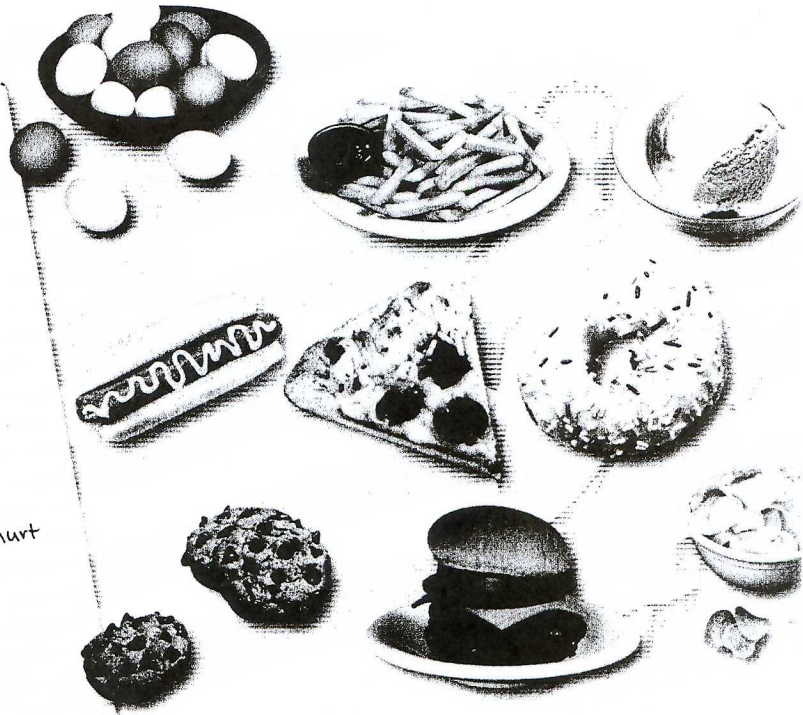
## VOCABULARY: food

- 1 Look at these items of food from America. Tick (✓) the items on the shopping list that you can see.
- 2 How often do you eat the food on the list? Which of them do you think are 'junk food'?

## READING

- 1 Look at the picture of Elvis Presley. What sort of food do you think he liked?
- 2 Now read the book review. While you read, put a ! next to the facts you find most surprising.

- eggs
- sausages
- peanut butter
- pizza
- French fries
- hamburgers
- ice cream
- chocolate
- donuts
- strawberry yoghurt
- cookies
- potato chips
- noodles
- hot dogs



## Eating the Elvis Presley Way

David Adler Blake Publishing

There are more than 400 books about Elvis Presley. There are books about his music, his films, his life, his death, his religion - and his food. There is the *Presley Family Cookbook*, *The Elvis Presley Cookbook*, *Elvis' Favorite Recipes*, and now *Eating the Elvis Presley Way*. What makes this book different? To begin with, this is not a cookbook. You can find recipes here, but this book is the story of Elvis' life. It is the story of the food that he ate and the people who cooked it for him. And an extremely interesting life it was, too.

The food in the first two or three chapters is quite normal - baby food, boring school dinners, army meals when he was doing his military service, that sort of thing. But later, when Elvis was rich and famous, it is a very different story. With all the money in the world, Elvis chose to eat like a child. Elvis got up late and his first meal of the day was breakfast at five o'clock in the afternoon: bacon and eggs, or sausage and eggs. After that, it was snacks: pizza and hot dogs, hamburgers and fries, chocolate and cakes - all day and every day. Elvis even had a fridge in his bedroom for his favorite snacks.

25 As the years passed, Elvis' eating problems became really serious. One day, when Elvis was going to the White House to meet the President, he was feeling a bit hungry and ate 250g of chocolate and then 12 donuts in his taxi. Another time, he ordered a large ice cream for breakfast. He ate it quickly, ordered a second, a third, a fourth and a fifth before falling asleep again. Elvis' last meal before he died was four scoops of ice cream with six chocolate cookies.



Elvis was an extremely unhappy man. His food and the drugs that he took made him feel good, but killed him in the end. It's a fairly sad story, but a fascinating one, too.

50 Recommended ★★★★★

3 Read the review again and say if the sentences are true (T) or false (F).

- 1 This is the first book about Elvis Presley and food.
- 2 It is different from the other books about Elvis and food.
- 3 His eating problems started when he was a child.
- 4 He had breakfast early in the morning.
- 5 He ate a lot of junk food.
- 6 He had food in his bedroom.
- 7 The President gave him a large box of chocolates.
- 8 Elvis didn't like ice cream very much.

4 Complete the definitions with an adjective from the review.

- 1 When someone is f\_\_\_\_, a lot of people know their name.
  - 2 A f\_\_\_\_ story, place or person is very interesting.
  - 3 Your f\_\_\_\_ thing or person is the one that you like best.
  - 4 You feel h\_\_\_\_ when you want to eat.
  - 5 When you are unhappy, you feel s\_\_\_\_\_.
  - 6 When you have a s\_\_\_\_\_ problem, you are very worried about it.
- 5 What else do you know about Elvis Presley? Why do you think that Elvis had eating problems?

## GRAMMAR: modifiers

We can make an adjective stronger or weaker with a modifier. We put this before the adjective.

### Weak

*a bit hungry*

### Medium

*quite \_\_\_\_\_*

*fairly \_\_\_\_\_*

### Strong

*very \_\_\_\_\_*

*really \_\_\_\_\_*

*extremely \_\_\_\_\_*

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- 1 Underline examples of modifiers before adjectives in the book review. Use them to complete the examples in the language box.

2 Put the modifiers in the correct place in the sentences.

- 1 Burger Paradise is always busy. (*very*)
- 2 I like The New York Donut Shop but the service is slow. (*a bit*)
- 3 I think that the chicken burgers at The Alabama Chicken are good. (*really*)
- 4 The fast food shops on Main Square are expensive. (*fairly*)
- 5 The hot dogs at The Happy Sandwich are nice. (*quite*)
- 6 The Magic Hamburger in my town is popular. (*extremely*)

3 Make six sentences about places where you can eat out in your town. Use modifiers and adjectives. Here are some more adjectives that you can use.

cheap    dirty    fashionable    friendly    healthy  
lively    small    unhealthy

## SPEAKING



- 1 Do you know any 'theme' restaurants like the Hard Rock Café or Planet Hollywood? What is special about them? Have you ever been to a 'theme' restaurant? What was it like?
- 2 Work in pairs. Plan your own 'theme' restaurant. Use these questions to help you.
  - \* What is the theme of your restaurant? (sport, music, cinema, a famous person, a country, a historical period, etc)
  - \* What is the name of your restaurant?
  - \* What kind of food and drink do you serve?
  - \* What does the restaurant look like?
  - \* Do the waiters and waitresses wear uniforms? What kind?
  - \* What kind of music do you play?
  - \* How much does a meal cost in your restaurant?
- 3 Describe your restaurant to other students in the class. Decide which restaurant is the best.