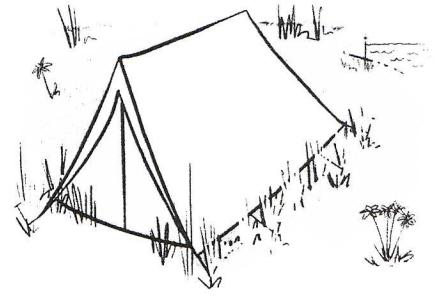
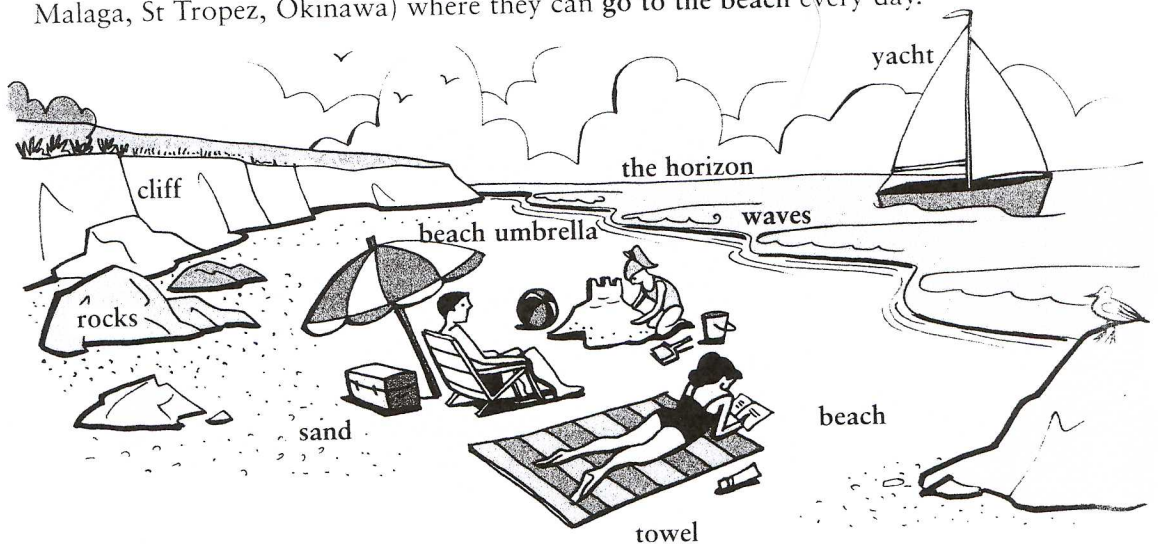


## Holidays by the sea

When people go on holiday they stay in various places (= a number of different places): some go to hotels; some **rent an apartment** (a holiday flat); some prefer to **go camping** and sleep in a tent.

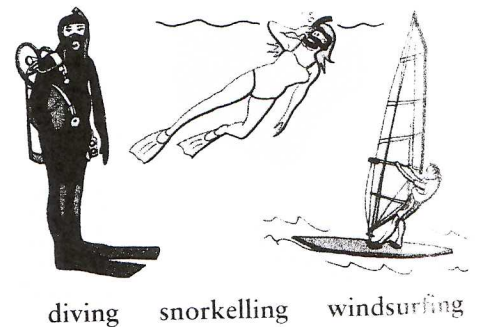


Many people spend their holiday in **seaside resorts** (= towns by the sea for tourists, e.g. Malaga, St Tropez, Okinawa) where they can go to the beach every day.



You sometimes get a **gentle breeze** (= a light pleasant wind) from the sea, which helps to cool you down on hot days, but it can also burn you [see section D].

I like to go for a walk along the cliffs.  
On sandy beaches, I often play volleyball.  
I sometimes go windsurfing/snorkelling/diving.  
I don't swim much but I like to have a paddle.  
(= just put my feet in the sea)  
My sister likes to have a swim in the sea,  
but not if it is very rough (*opp* calm).



diving snorkelling windsurfing

Many people go to the beach to **sunbathe** (= lie in the sun) and **get a suntan** (= when the body goes an attractive brown colour from the sun; we can also say, **be brown**). This can be dangerous, and you should always put on **suntan lotion** (= cream or oil to stop your skin burning). This will also help you to **get a tan** and **protect your skin** (= keep your skin safe). If you don't protect your skin, you may **get sunburn** (= the skin becomes red and very painful). For total protection, use **sunblock**.

## Exercises

92.1 Write down four more words beginning with 'sun'.

sunshine..... sun..... sun..... sun..... sun.....

92.2 Match a word from the left with a word from the right to form six phrases.

- |           |            |
|-----------|------------|
| 1 beach   | a breeze   |
| 2 suntan  | b umbrella |
| 3 seaside | c sea      |
| 4 gentle  | d lotion   |
| 5 sandy   | e resort   |
| 6 rough   | f beach    |

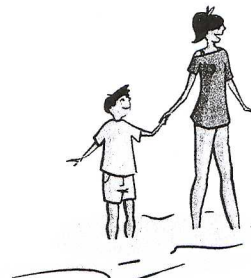
92.3 Identify these seaside activities.



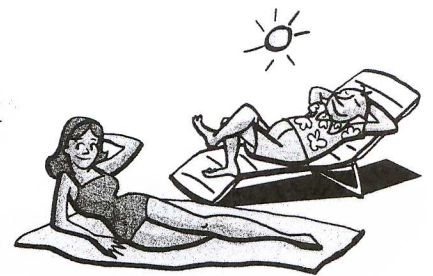
1 .....



2 .....



3 .....



4 .....

92.4 Can you find 11 words (including one phrasal verb) from the opposite page in this word square? All the answers are vertical or horizontal.

S	C	A	L	M	T	C
T	O	W	E	L	A	A
R	O	C	K	S	N	M
C	L	I	F	F	B	P
A	D	R	L	P	R	I
H	O	R	I	Z	O	N
S	W	I	M	O	W	G
H	N	S	K	I	N	T

92.5 Fill the gaps with a suitable verb (one word only). If possible, discuss your answers with someone else.

- How often do you ..... on holiday?
- Where did you ..... your last holiday?
- Do you or your family often ..... an apartment for your holidays?
- Do you ever ..... camping?
- Do you enjoy ..... on a beach?
- Do you ..... a suntan easily?